

## KRISTA FOSTER HOMES' T.H.P.P. PROGRAM GOALS

The goals of our T.H.P.P. program are:

- To prepare you in as many areas as possible for your future independence. We provide the program participants more structure and help at first, then reduce our direct involvement when you experience successful independence.
- Earn a "good renter's" reference when "graduating" the program.
- Save money for moving into an apartment that requires a rental deposit, first month's rent, and utility deposits.

To allow you to:

- Establish yourself as an adult, able to demonstrate self-control, develop responsibility for your life, learn to be independent of adults' direct supervision, handle free time and create positive activities.

The program requires you to:

- Attend school or participate in home study until high school is completed.
- Be employed at least part time or volunteer at least eight hours per week.
- Save money for your future.
- Remain clean and sober throughout.
- Not commit crimes.
- Follow the agency's rules/guidelines.

You will work with the T.H.P.P. staff to create a monthly budget. You are given \$1,000.<sup>00</sup> per month and we require that you save at least \$100.<sup>00</sup>. You are usually able to save more when you have a roommate and/or mentor. You will then pay your rent and utility bills. The balance of your money is divided into four and placed in envelopes to be distributed on a weekly basis after your apartment passes a Cleaning Inspection. Your weekly monies will not exceed \$100.00. You will use your weekly money to pay for food, clothes, toiletries, cleaning supplies, transportation, and recreation. If you are not employed, your weekly money drops to motivate you to work.

You will be learning a lot of skills, making mistakes while living in a safe environment, and learning tools to problem-solve. You will also be learning how to manage relationships and deal with people who want to take advantage of you. You will learn how to spend your free time and also how to handle being alone.

Our program is innovative and ever-changing. We are open for ideas, suggestions, and any feedback that will help us provide a good program for you who are exiting the child welfare system.